



Email:
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STEPPING OUT OF LOCKDOWN

We thank God for His hand of protection as thus far, Uganda has not registered any COVID-19 related deaths. In the last month, some of the lockdown restrictions have been eased, except in border districts identified as hotspots for local transmission. We are grateful that some people have been able to return to work and that limited public and private transportation are allowing for some movement throughout the country. However, I continue to work from home during this time as schools, churches, and other large gatherings remain closed for now.

Thank you for your continued prayers for the health, safety, and wellbeing of people affected by the virus in Uganda and around the world.



To be added to or removed from this mailing list, send an email message to Rachel.Meyer@lcms.org with the word ADD or REMOVE in the subject line.

*"I will bless the Lord at all times; his praise shall continually be in my mouth."
Psalm 34:1*

Beginning with Praise



These morning glories outside my window remind me of God's mercies anew each morning.

In a recent phone conversation with one of my Ugandan colleagues, he inquired about the wellbeing of my family in America. When I told him that they are all safe and well, he replied, "We must praise God for that!"

While this is a fairly common exchange here, it always humbles me to hear that my Ugandan friends are praying for the family in Christ in America, even as I know you pray for us here.

Yet, in these days when my prayer request list can seem long and overwhelming, this teacher's comment also gave me an important reminder not to lose sight of the praise among the petitions. In fact, his first response was to praise God for what He is already doing.

As we unite together in praying for all the challenges our world is facing these days, I invite you to join with me in beginning with a posture of praise for who God is and all the faithful ways He continues to act in our daily lives. It is there, with our eyes fixed firmly on Him, that we may know His peace as He invites us to bring our requests to Him in hope-filled faith as we pray according to His will.

- * ***I praise God for His boundless Word.***
May God provide ways for people around the world to continue to grow in His Word, even amidst limitations on corporate worship.
- * ***I praise God for His wisdom.***
May God provide ways for students to grow spiritually and academically during this time.
- * ***I praise God for His righteousness and mercy.***
May God guide and embolden us to be reflections of His love and integrity to every person we meet.
- * ***I praise God for His faithfulness in each of our lives.***
May God continue to provide for your needs and sustain you in faith.

PLEASE PRAY FOR:

- *The Lord to bring more people in Uganda and around the world to saving faith in Christ*
- *The LCU as they find ways to continue to share God's Word with people while congregations are unable to meet for worship.*
- *Opportunities for students in Uganda to safely continue in their education*
- *Health and safety of people around the world*

GIVE THANKS FOR:

- *God's faithfulness*
- *The body of Christ praying for one another around the world*
- *Continued learning through graduate classes*
- *The many congregations, schools, and individuals who pray for, encourage, and support me*

YOU ARE IN MY PRAYERS.

- *I regularly pray for the individuals and congregations who support me by name. Please share any specific prayers I can bring before the Lord for you.*

A Time to Learn

Prior to receiving the call to serve in Uganda, I had begun working on a master's program in religion online through Concordia Chicago. As I transitioned to life and service here in Uganda, I have been able to continue taking a few classes, but it has not been possible to do so consistently. For the past year or so, I have been praying for God's direction on how He would have me continue with these studies. This time of lockdown has been an answer to those prayers as it has given me a more flexible schedule during which to continue working on these graduate classes. I have completed one class already during the lockdown and am now working on a second.

I am grateful for the opportunity to continue my studies during this time. These classes not only help me personally to grow in God's Word, but they better equip me for the work God has called me to do in curriculum development and teaching the faith as I serve alongside the Lutheran Church of Uganda. Thank you for your continued prayers!

But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

To him be the glory both now and to the day of eternity. Amen.

-2 Peter 3:18-

*Humbly in the Lord's service,
-Rachel Meyer*

Kids' Corner

Harvest Time

Did you plant anything in a garden this summer?

Many of my students are busy helping their families harvest maize right now.



roasted maize

It is a favorite treat to roast the fresh maize by the fire. The roasted kernels can easily be broken off and shared with friends.

Most of the maize harvest will be dried and ground into a flour which families will use to make posho and porridge for the next several months.



Rachel and fellow LCMS missionary Megan Mantey wearing masks made by local seamstresses as they go to buy groceries in town



To support the LCMS through the work of Rachel Meyer, you may send a tax-deductible gift to:

The Lutheran Church—Missouri Synod
P.O. Box 66861
St. Louis, MO 63166-6861

Or through:

Mission Central
40718 Highway E-16
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Make checks payable to
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On the memo line, include
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Gifts can also be given securely online at
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